



CSAP's Southwest CAPT Prevention Briefing

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Providing support and resources for developing knowledge and expertise among prevention professionals and practitioners

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Underage Drinking

Underage drinking is being called an epidemic and alcohol use one of the greatest threats to America's children. The economic, social and personal costs are enormous. Fortunately, resources are available that focus on this preventable high-risk behavior. The selection of online resources in this *Prevention Briefing* provides a sampling of organizations, information and tools available online to help groups and individuals working at all levels to address this very serious problem.

Organizations Online with a Focus on Underage Drinking Prevention

Center for Enforcing the Underage Drinking Laws
www.udetc.org

- ♦ The goal of the center is to provide science-based, practical, and effective training and technical assistance to states and communities involved in enforcing underage alcohol access and use laws. The Pacific Institute for Evaluation and Research (PIRE) is funded to provide these services by the Office of Juvenile Justice and Delinquency Prevention (OJJDP) under the Enforcing Underage Drinking initiative.

This site includes access to **more than 20 publications**, with topics ranging from the costs of underage drinking to specific operational guidelines for law enforcement and from environmental strategies for college campuses to conducting youth surveys. The how-to guides and reports can be downloaded or ordered at no charge.

Leadership to Keep Children Alcohol Free
www.alcoholfreechildren.org

- ♦ *Leadership to Keep Children Alcohol Free* is a unique coalition of more than 30 Governors' spouses, federal agencies, and public and private organizations. The goal of this initiative to prevent the use of alcohol by children ages 9 to 15. It is the only national effort that focuses on alcohol use in this age group. The initiative was founded by The National Institute on Alcohol Abuse and Alcoholism and The Robert Wood Johnson Foundation and has additional federal sponsors.

MADD Under 21

www.madd.org/under21

- ♦ This section of the Mothers Against Drunk Driving website focuses entirely on underage drinking prevention. It breaks down resources by age group, with additional resources for parents and teachers.

Reducing Underage Drinking Through Coalitions

www.epi.umn.edu/alcohol/coalition/default.html

- ♦ Twelve member coalitions from around the country participate in this program to discourage underage drinking and, in the process, reduce alcohol-related problems among young people. Sponsored by The Robert Wood Johnson Foundation, this site contains a database of state-enacted bills on alcohol policy.

Understanding the Problem

Costs of Underage Drinking

www.udetc.org/documents/costunderagedrinking.pdf

- ♦ This document provides information on the economic costs of various health and social problems related to underage drinking. Prepared by PIRE for OJJDP.

Teen Tiplers: America's Underage Drinking Epidemic

www.casacolumbia.org/usr_doc/Underage1.pdf

- ♦ The result of two years of research and analysis, *Teen Tiplers* looks at the causes of and obstacles to reducing underage drinking, as well as strategies for prevention. Released in 2002 by The National Center on Addiction and Substance Abuse at Columbia University (CASA). For a press release summarizing the findings go to the CASA website at www.casacolumbia.org.

Underage Drinking Data and Survey Information

www.ncadd.com/youth/data.cfm

- ♦ Located on the website for the National Youth Resource Center of the National Commission Against Drunk Driving, this page contains a listing of the major national underage drinking surveys with a summary of the most recent report.

Youth and Underage Drinking: An Overview

www.health.org/govpubs/RPO990

- ♦ This fact sheet from the Substance Abuse and Mental Health Services Administration (SAMHSA) includes data on use, beliefs and risk factors from a variety of sources.

CSAP Model Programs



www.samhsa.gov/centers/csap/modelprograms/default.htm

Programs selected as **Center for Substance Abuse Prevention Model Programs** have been tested in communities and schools across America, and proven to prevent or decrease substance abuse and other high-risk behaviors. Some of the model programs related to underage drinking prevention available on this site include:

- **Communities Mobilizing for Change on Alcohol (CMCA)**
- **Community Trials Intervention to Reduce High-Risk Drinking (RHRD)**
- **Project Northland: An Alcohol Prevention Curriculum**
- **Protecting You / Protecting Me**
- **Start Taking Alcohol Risks Seriously (Stars) for Families**

Other Resources



2 Young 2 Drink (Texas specific) (also available in Spanish)

www.2young2drink.com

- ♦ The Alliance Against Underage Drinking is a coalition of more than 45 public and private organizations committed to giving Texas youth, parents and communities the information and resources to prevent underage drinking.

Enforcing the Underage Drinking Laws Program

A Compendium of Resources

www.ncjrs.org/html/ojjdp/compendium/2001/contents.html

- ♦ This compendium provides practical information that states and units of local government can use to determine how federal funds can enhance their strategies to prevent underage drinking. It includes an annotated bibliography. Produced by OJJDP.

Epeer Voices

www.epeervoices.com/underage_drinking.html

- ♦ The site allows teens (with permission of parents if under 18) to register as ePeers Leaders, receiving weekly e-mails with information on anti-drug projects and activities, facts about drug use, tips, self-tests and notification of upcoming opportunities. The site links to other youth-focused anti-drug sites.


FACE: Truth and Clarity about Alcohol

www.faceproject.org

- ♦ **FACE** is a national non-profit organization that supports sensible alcohol practices through the development of messages, strategies and training designed to create public awareness about the connection between alcohol and critical public health issues. **FACE** provides actions that communities can implement to address these problems.

Higher Education Center for Alcohol and Other Drug Prevention

www.edc.org/hec

- ♦ The Higher Education Center's purpose is to help college and community leaders develop, implement, and evaluate programs and policies to reduce student problems related to alcohol and other drug use and interpersonal violence. Sponsored by the U.S. Department of Education.
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Impaired Driving Among Youth: Trends and Tools for Prevention

www.health.org/govpubs/MS665/index.htm

- ♦ Many strategies have been shown to prevent alcohol-related automobile accidents among youth. This report examines the nature and extent of the problem and summarizes the most effective strategies, including age 21 laws, zero tolerance and graduated driver's licensing.


Integrating Environmental Change Theory Into Prevention Practice

www.health.org/govpubs/MS510/janfeb99/index.htm

- ♦ Strategies aimed at changing the shared environment have been shown to be effective in reducing underage alcohol use. This site includes an article, related reproducible overheads and a PowerPoint presentation by Michael Klitzner, Ph.D.

Missouri's Youth/Adult Alliance (Missouri specific)

www.myaa.org

- ♦ Missouri's Youth/Adult Alliance (MYAA) is a coalition to reduce underage drinking. MYAA's mission is to empower community advocates to reduce youth access to alcohol in Missouri through the implementation of environmental and social policy change.
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Underage Drinking Action Guide and Planner

www.health.org/govpubs/phd858/index.pdf

- ♦ This calendar-based planner is designed to help prevention professionals to coordinate outreach efforts and make preventing youth alcohol use a priority.

What's Driving You... Education is the key to prevention.

www.whatsdrivingyou.org

- ♦ The What's Driving You? site provides information concerning alcohol, DUI, and drinking and driving. It also offers new ways to think about destructive behaviors associated with drinking.

The CSAP Southwest CAPT has added a section to our website on underage drinking prevention, which includes additional resources. We welcome your comments and suggestions for additions.



The Southwest CAPT at The University of Oklahoma's College of Continuing Education is one of six regional centers funded by the Center for Substance Abuse Prevention, Substance Abuse and Mental Health Services Administration. For more prevention information and resources, visit our website at www.swcapt.org or call our offices toll free at 800-853-2572.

This document can also be found on-line at <http://www.swcapt.org/products.html>